

# July 2, Friday

**11 a.m. and 3 p.m.**

**From Birth to Revival – The Cycle of Jewish life in Krakow's Kazimierz. Guided tour with Anna Maria Baryła | Kazimierz | various localizations**

It doesn't matter if this is your first guided tour through Kazimierz, or your hundredth! This year's guided tour is a completely new approach to sightseeing. You will learn about the architecture and history of this amazing district while wandering the paths of Jewish life. From birth, childhood, education, through love and rituals, until the end of life. The motif of this year's Jewish Culture Festival, fire, will also be present! You will find out why Shabbat candles are lit, what the difference is between a menorah and a chanukiah, and why a very special light is always burning in synagogues. We will unravel the secrets of Jewish life to you – from birth until revival.

Anna Maria Baryła is a licensed tour guide in Krakow with over 7 years of experience in providing meaningful tours for international visitors to Poland. She holds a B.A. in History and Jewish Studies from the Jagiellonian University in Krakow. In her work as a tour guide, she specializes in the Jewish history of Poland and Polish – Jewish relations and has guided over 30,000 individual visitors to Krakow. She is passionate about Krakow and is always happy to share her love of the local culture, history, and cuisine to create a compelling narrative that will help understand the complexities of Polish history.

**Starting point: JCC Krakow, 24 Miodowa St.**

**Guided Tours: 11 a.m. PL and 3 p.m. EN | Anna Maria Baryła (PL)**

**Tickets: PLN 15 / person | Registration required: <https://bit.ly/35oulQQ>**

**admission limit: 25 people (in each group). Tickets available at the JCC reception desk from 28/06 to 02/07 between 10 a.m. and 6 p.m. Payment in cash or by credit card.**

**Organized by: JCC Krakow**

**5 p.m.**

**Jewish ZEN – What Connects Judaism and Buddhism? | online – ZOOM**

In 2001, sociologist James Coleman conducted research among Americans practicing Buddhism and found out that 16,5% of them had Jewish roots. In 2006, sociologist Wendy Cadge researched Buddhist Therawada organizations functioning in the US and noted that almost one-third of members of these

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organizations are people with Jewish origins. Rodger Kamenetz, the author of the book “The Jew in the Lotus,” which was published in 1994, estimated that 30% of Americans practicing Buddhism were Jewish. This is especially interesting since Jews are only 2 to 3% of the whole American population. Why is it like that? We will focus on this phenomenon during this meeting. We will speak about how Buddhist traditions are connected to Judaism, how they were popularized by Rabbi Alan Lew, Jon Kabat-Zinn, or Rabbi Lauren Hotzblatt. How meditation from a religious experience became secular and how it helps us function in an excessively stimulating world. This meeting will also include exercise and a short medical practice which we will do together. Come and join us!

Natalia Czarkowska is a cultural activist and a journalist. Born and raised in Warsaw, she is a member of the Jewish Historical Institute in Poland Association. From 2015-2019 she worked at the Taube Center for the Renewal of Jewish Life in Poland Foundation. She is a March of the Living educator in the UK. In 2019, she was one of the co-directors of FestivALT in Krakow. She is a fervent Limmudnik. In her daily professional life she cooperates with the “Pismo. Magazyn opinii” monthly magazine. She is passionate about history, contemporary art, European and Asian cinema, Jewish meditation, and relaxation techniques.

**Workshop | Natalia Czarkowska (PL) | PL**

**Free admission | Registration required: <https://bit.ly/3cKOfKa>**

**Space is limited**

**Organized by: JCC Krakow**

**6 p.m.**

**Jewish Cinema – Podcast by Michalina Majewska | online – FB Hillel Gimel Kraków**

The “Jewish Cinema” podcast will present and recall various Jewish motives in Polish cinema in three episodes. The author will focus on examples depicting the Shoah in film but also on the images of Jewish women, and will tell us more about lesser known Polish films on Jewish themes.

Michalina Majewska is a graduate of Film Studies of the University in Łódź. She currently studies

history. She is a creator of the “Yiddish Cinema, Polish Cinema” podcast.

**Podcast | Michalina Majewska (PL) | PL**

**Organized by: Hillel Gimel Kraków Jewish Student Club**

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